

## Special Thanks to our sponsor



*IDFA sincerely thanks Genetic Alliance Australia for sponsoring this event and having the opportunity to further advocate and educate the general, medical and patient community about immunodeficiencies.*



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# #ID#andme

Patients, family members & healthcare professionals are welcome to attend!

Living with immunodeficiency:  
Strategies for daily living



**# 21 OCTOBER 2017**

**# 10.15am – 3.30pm**

**# The Auditorium, L1**

*(entry via Burton St)*

*Garvan Institute of Medical  
Research*

*384 Victoria St Darlinghurst*

# Welcome

**The Immune Deficiencies Foundation Australia** is a not-for-profit organisation and registered charity caring for people who have Primary (genetically inherited) and Secondary (caused by cancer, chemotherapy and other diseases) Immune Deficiencies.

An **Immune Deficiency** is also commonly referred to as an immune disease, immune disorder or immunodeficiency.

A **Primary Immunodeficiency (PI)** is a **genetic** disorder where the immune response is reduced or absent. PIs are caused by defects in the genes that control the immune system, so people with PI are born missing some or all of the parts of the immune system.

A **Secondary Immunodeficiency Deficiency** is caused when an outside source like disease (E.g. cancer) or treatment (E.g. chemotherapy or immunosuppressive drugs), causes disruption in the immune response. Examples of diseases that cause a secondary immunodeficiency disorders include lymphomas or cancers of the immune system like Chronic Lymphocytic Leukaemia, Multiple Myeloma, Non-Hodgkin Lymphoma and Good's Syndrome.

IDFA offers **education, resources** and **social and emotional support** for PI patients and their families. IDFA receives **no government funding**.

Membership and resources are free.

To join go to [www.idfa.org.au](http://www.idfa.org.au)

## #ID#andme Program

### 10:15 Registration

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10:15 AM	Registration
10:30 AM	Welcome – IDFA introduction - C Jeffery
10:45 AM	Welcome – Genetic Alliance – D Petrie
11:00 AM	What is an Immunodeficiency? – Dr Melanie Wong (Immunologist)
11:30 AM	Treatment Options – Dr Melanie Wong (Immunologist)
12:00 PM	Fitness Strategies – E Joseph

### 12:30 Lunch

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01:00 PM	Patient Story
01:15 PM	Mental Health Strategies – C Appleton
01:45 PM	Treatment Strategies -IVIg & SCIG - Geraldine Dunne (Clinical Nurse Practitioner)
02:30 PM	Fatigue Strategies – C Appleton
03:00 PM	Discussion
03:30 PM	Close

